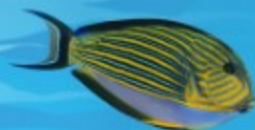


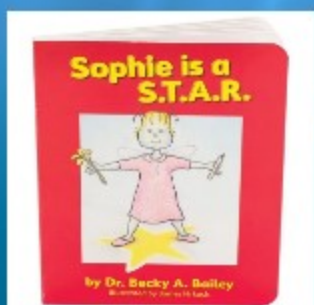
**CAMARENA MEMORIAL LIBRARY
INVITES THE WHOLE FAMILY TO A SPECIAL
PRESENTATION BY**



**Imperial County Office of
Education's Early Care & Education
Program**



CONSCIOUS DISCIPLINE



"Sophie is a S.T.A.R.", by Dr. Becky A Bailey. This book uses the theory of Conscious Discipline to help children learn to self-regulate in order to better solve problems. Self-regulation is the #1 predictor of academic, social and life success. Children and parents will learn to use the S.T.A.R breathing technique. Hands-on activities and take home information will be provided.

**WEDNESDAY, JUNE 22, 2022
@ 2:00 PM**

Children must be registered in the Family Summer Reading Program to participate



Camarena Memorial Library
850 Encinas Ave. Calexico, CA (760) 768-2170
<https://calexico.library.org/summer>

